

FIRST AID *Skills Checklist*

Student Name: _____ Test Date: _____

First Aid and Bandaging		Check if done correctly
Bleeding and Bandaging		
1	Give victim a clean gauze from the first aid kit. Have them hold it against the cut with firm pressure while the student rescuer applies gloves.	
2	Student verbalizes putting on gloves.	
3	Student takes over application of pressure	
After approximately 15 seconds, instructions to student, "You can see blood soaking through the dressing. It does not appear to be stopping."		
1	Student applies an additional dressing over the first, without removing the initial dressing.	
2	When bleeding controlled student applies bandage to hold dressing in place	
3	Student advises victim to seek medical evaluation if necessary.	
4	Student removes gloves: <ol style="list-style-type: none"> Grip outside of first glove near the cuff and remove it, turning it inside out Contain first glove in opposite hand Slide fingers under cuff of remaining glove, turning it inside out Uses caution not contain blood inside gloves Dispose of soiled gloves properly Washes hands 	
Finding the problem: Instructions to student: " Describe how clues in the environment of patient may provide valuable information."		
Student applies an additional dressing over the first, without removing the initial dressing.		

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First Aid and Bandaging		Check if done correctly
Using an epinephrine pen: You encounter a child experiencing a severe allergic reaction. They have an epinephrine pen in their backpack but unsure how to use it. How can you help this child?		
1	Hold the pen in a fist	
2	Remove safety cap without placing hand over needle	
3	Press device against the outside of the thigh, at the mid-point between hip and knee	
4	Press firmly until device activates a "click" may be heard or felt	
5	Hold in place for 10 seconds	
6	Pull pen straight away from the leg	
7	Help the child seek medical care	
<input type="checkbox"/> PASS <input type="checkbox"/> Needs Retest		
Instructor Name: _____		Date: _____