

ACLS Advanced Cardiac Life Support *Skills Checklist*

Student Name: _____ Test Date: _____

ACLS Bag-Mask Ventilation Testing Checklist Performance Guidelines and Critical Actions		Check if done correctly
BLS Survey and Interventions		
Checks for responsiveness <ul style="list-style-type: none"> • Taps and shouts, "Are you alright?" • Scans check for movement (5-10 seconds) 		
Activates the emergency response system <ul style="list-style-type: none"> • Activates the emergency response system and gets the AED <p style="text-align: center;">Or</p> <ul style="list-style-type: none"> • Directs second rescuer to activate the emergency response system and get the AED 		
<ul style="list-style-type: none"> • Check carotid pulse (5-10 seconds). Note that pulse is present • Does not initiate check compressions or attach AED • Performs ventilations at the correct rate of 1 breath every 5-6 seconds (10-12 breaths per minute) 		
ACLS Survey Case Skills		
Inserts oropharyngeal or nasopharyngeal airway		
Administer oxygen		
Performs correct bag-mask ventilation for 1 minute		
Critical Actions		
Effectively ventilates with a bag-mask device for 1 minute		
Gives proper ventilation - rate and volume		

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Steps	Adult/Child/ BLS - 1 and 2 Responders	Check if done correctly
First Rescuer Bag-Mask Ventilation <ul style="list-style-type: none"> Note: Evaluate the first rescuer's ability to give breaths with a bag mask. 		
1	Checks for responsiveness: Taps and shouts, "Are you all right?" and scans the chest for movement (5-10 seconds)	
2	Tells someone to activate the emergency response system and get an AED	
3	Checks carotid pulse (minimum 5 seconds, maximum 10 seconds)	
4	Bares patient's chest and locates CPR hand position	
5	Delivers first cycle of compressions at correct rate (acceptable: 18 seconds or less for 30 compressions)	
6	Gives 2 breaths (1 second each)	
7	Delivers second cycle of compressions at correct hand position (acceptable: greater than 23 of 30 compressions)	
8	Gives 2 breaths (1 second each) with visible chest rise	
<input type="checkbox"/> PASS <input type="checkbox"/> Needs Retest Instructor Name: _____ Date: _____		